

# Treatment Decision-Making Worksheet and Plan

## How to Use This Worksheet

- 1) Review the treatment goals portion on the next page before your appointment. Spend some time thinking about what is most important to you.
- 2) Ask your doctor to complete the worksheet with you. This will lead to important conversations and understanding about your treatment plan. Try to bring a friend or loved one with you who can take notes.
- 3) Use the questions below as conversation starters.

Treatment Option	Treatment Goal	Side Effects
<ul style="list-style-type: none"> <li>• How is this treatment given, and how often?</li> <li>• What schedule of medical appointments would I have on this treatment and what would they include (blood draws, tests, scans, etc.)?</li> <li>• What other treatments are available for patients with my condition?</li> </ul>	<ul style="list-style-type: none"> <li>• How effective is this treatment?</li> <li>• What percentage of patients typically respond to it?</li> <li>• How long might the response last?</li> <li>• How can I expect my cancer will respond to the treatment?</li> </ul>	<ul style="list-style-type: none"> <li>• What are the most common side effects of this treatment?</li> <li>• What are potentially severe side effects on this treatment, and how many patients experience them?</li> </ul>

- 4) When you are thinking about pros and cons you might also want to ask these questions:
  - How might this treatment impact my home and work life? (e.g., travel assistance, frequency of doctor visits, at-home support, tasks I won't be able to do at home, time away from work)
  - How much might this treatment cost me?
- 5) Ask for support as you review the information. Find out if there is a nurse navigator or patient advocate where you are being treated who can help you digest all of the information.
- 6) Work with your team to fill out the My Lung Cancer Treatment Plan page of this document before you begin treatment.

**My Lung Cancer**

Type: \_\_\_\_\_

Stage: \_\_\_\_\_

Molecular markers: \_\_\_\_\_

\_\_\_\_\_

Any other health issues: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**My Treatment Goals**

- \_\_\_\_\_
- \_\_\_\_\_

Help your doctor understand your treatment preferences by circling what is most important to you during your lung cancer treatment:

- 1) Curing or controlling my cancer at any cost
- 2) Maintaining a good quality of life
- 3) Finding a balance between feeling the best I can and fighting my cancer

Treatment Option	Goal of This Treatment Option	Possible Side Effects	Pros	Cons

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This educational resource was made possible thanks to the support of Lilly Oncology.

<b>Date</b>	
<b>Treatment Plan</b>	
<b>Schedule</b>	
<b>Who To Contact With Questions/Concerns</b>	
<b>Resources</b>	

Notes/Questions: \_\_\_\_\_

\_\_\_\_\_

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