## A SMOKE-FREE ORDINANCE IS GOOD FOR HEALTH

The U.S. Surgeon General has concluded that there is no risk-free level of exposure to secondhand smoke and only 100% smoke-free environments can completely eliminate secondhand smoke exposure.

## Secondhand smoke is deadly.







In Indiana, secondhand smoke was estimated to cause **1,337 deaths among nonsmokers** in 2014.

Nonsmokers who are exposed to secondhand smoke at home or at work **increase their risk** of developing lung cancer by 20-30%

Secondhand smoke contains **more than 7,000 harmful chemicals,** including over 70 that cause cancer.

Secondhand smoke poses a serious health threat and causes heart disease, lung cancer, more severe asthma, and other illnesses. Workers in hospitality and the service industry, such as bartenders, are less likely to be protected by a smoke-free workplace policy.

## Everyone deserves to breathe smoke-free, indoor air.

**Smoke-free workplace laws immediately and notably improved heart health** – including fewer heart attack hospitalizations — particularly among nonsmokers, according to studies in Indiana, Ohio, Montana, Colorado, Ireland, Scotland and Italy.

Separating smokers from non-smokers, cleaning the air, and ventilating buildings cannot eliminate exposures of nonsmokers to secondhand smoke. A smoke-free law is the only way to protect the health of everyone that lives, works and plays in our community.