

Are you at high risk for serious illness?

Some Kentuckians are at higher risk of health complications or being hospitalized from respiratory viruses like the flu, RSV and COVID-19. People at high risk for serious illness include:

- Older adults
- Young children
- People who are pregnant
- People living with a chronic disease like
 - Asthma
 - COPD
 - Heart disease
- People with a weakened immune system

Vaccination is the best way to protect yourself and your loved ones against serious illness. Talk to your doctor about vaccinations today.





With questions, or for help in finding vaccination locations, talk to our experts at the American Lung Association's Lung HelpLine by calling 1-800-LUNGUSA.