



## Stand Up For Clean Air



The air pollution we breathe can harm anyone's health, and climate change is making air quality worse. Climate change leads to drought, wildfires, flooding, worsened air pollution and changes in the spread of disease—the effects of climate change are already harming lung health.

When it comes to protecting our health from air pollution and climate change, everyone has a role to play. And simple individual steps can make a collective difference. Through the American Lung Association's new **Stand Up For Clean Air** initiative, we're asking everyone to pledge to act on climate change and clean air. Here's how you can help:

**Pledge to Stand Up For Clean Air** and we'll send you tips on steps you can take to make a difference, as well as opportunities to push our leaders to safeguard our air quality. Now is not the time to roll back healthy air protections, but to strengthen them. Take the pledge at [Lung.org/air](https://Lung.org/air).

**Share your #MyCleanAirStory.** When people hear that climate change impacts health—they listen. We all have a story to tell about why we want and need clean air—whether you love to bike, hike, or play outdoor sports, live near a highway or power plant, face asthma attacks on bad air days, or have suffered from wildfire smoke or other air quality issues connected to climate change. Share why you care about climate change and clean air on social media with a photo or video and #MyCleanAirStory. Learn more and sign up to win prizes at [Lung.org/mycleanairstory](https://Lung.org/mycleanairstory).

