## American Lung Association. Freedom From Smoking®

## **Program Price List**

Freedom From Smoking <sup>®</sup> Plus	Pricing
<ul> <li>Self-paced online course</li> <li>Nine highly-interactive sessions</li> <li>Personalized dashboard helps users stay on track</li> </ul>	<ul> <li>\$99.95 per participant</li> <li>12-month access upon individual user activation</li> <li>Reporting functionality to track participant activity</li> </ul>
Freedom From Smoking® Quitline	Pricing
<ul> <li>One-On-One telephone counseling services with certified tobacco treatment specialist</li> <li>Eight proactive counseling sessions</li> <li>Available in over 250 different languages</li> </ul>	<ul> <li>\$150.00 per participant</li> <li>Unlimited inbound calls</li> <li>Monthly utilization reporting to track participant activity</li> </ul>
Freedom From Smoking® Facilitator Training - Virtual	Pricing
<ul> <li>The American Lung Association trains designated employees to become certified facilitators. Upon certification, trained facilitators may deliver an unlimited number of group programs to fellow employees over a three-year period, with an opportunity to recertify for an additional three-years</li> </ul>	<ul> <li>\$400.00 per person</li> <li>Virtual platform - first three modules of the training available online on-demand (5 hours)</li> <li>Last module - three-hour live web-based Facilitator Skill Builder Workshop</li> <li>Three-year certification with web-based recertification</li> </ul>
Freedom From Smoking <sup>®</sup> Self Help Guide	Pricing
<ul> <li>At-home tobacco cessation manual can be used independently or can supplement any option listed above</li> <li>WINNER: 2015 National Health Information Awards</li> </ul>	\$5.99 each